



RESOLUTION 2016-055

SETTING FORTH THE CITY OF SHERWOOD'S COMMITMENT TO PUT HEALTHY OPTIONS WITHIN REACH OF ALL RESIDENTS

WHEREAS, improving livability and community health are important goals; and

WHEREAS, the nutrition and physical activity choices that individuals make for themselves and their families are influenced by their environment; and

WHEREAS, local policies on land use & transportation, access to healthy food, and shared use determine whether options for healthy eating and active living are within reach of the people who live, work, go to school, play or worship in the city; and

WHEREAS, high rates of costly chronic disease among both children and adults are correlated to environments with few or no options for healthy eating and active living; and

WHEREAS, the City of Sherwood is a member of the League of Oregon Cities; and

WHEREAS, in 2010, the League of Oregon Cities Board of Directors resolved to partner with and support the national *Let's Move!* Campaign headed by the First Lady of the United States, and has encouraged Oregon cities to adopt preventive measures to fight obesity; and

WHEREAS, in 2012, the League of Oregon Cities Board of Directors resolved to partner with the Oregon Public Health Institute (OPHI) in the *Healthy Eating Active Living (HEAL) Cities Campaign*, and encouraged all Oregon cities to join the *HEAL Cities Campaign* and qualify as a HEAL City by accepting information, training and technical assistance from OPHI staff on policies to support healthier eating and increased physical activity levels for all residents, create more livable communities, and create a culture of wellness at municipal workplaces, and adopting at least one recommended HEAL policy; and

WHEREAS, the City of Sherwood is committed to expanding opportunities for active transportation and connectivity to improve access for all residents to resources, including parks and recreation areas; and

WHEREAS, the City of Sherwood prioritizes bike and pedestrian safety and access, and will update the Comprehensive Plan to set goals and objectives to provide Complete Streets that includes universal access for all residents; and

WHEREAS, the City supports Community Gardens to provide healthy food for residents; and

WHEREAS, the City is committed to providing a healthy work environment for employees and supporting healthy behaviors.

NOW, THEREFORE, THE CITY OF SHERWOOD RESOLVES AS FOLLOWS:

Section 1. The City Council hereby recognizes that joining the HEAL Cities Campaign has the potential to improve local livability and have a positive impact on the community's health and well-being. To that end, the City of Sherwood adopts this HEAL Resolution;

Section 2. The City of Sherwood Staff shall work with HEAL Cities Campaign Staff to explore HEAL policies and to identify those policies that are suitable for the City's unique local circumstances.

Section 3. This Resolution shall be effective upon its approval and adoption.

Duly passed by the City Council this 6th day of September, 2016.



Krisanna Clark, Mayor

Attest:


Sylvia Murphy, MMC, City Recorder