

# Recognizing DEQ's Ambassadors of Public Service

## 2025 Theme: Empowering Innovation

*Environmental Quality Commission Meeting*  
*May 9, 2025*

# Martina Frey, Senior Water Quality Compliance Analyst

*"Martina's dedication as a public servant and her commitment to innovation throughout water database transition periods at DEQ have been integral to safe protection and improvement of water quality throughout the State of Oregon."*



# Mitch Frister, Business Systems Analyst

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*"As the Your DEQ Online operations lead, Mitch coaches the operations team on how to find solutions for root cause problems, not just fixes for the immediate issue resulting in a more stable system for all. Overall, Mitch is a wonderful example of looking at a problem or issue as an opportunity for overall improvement."*

# Amanda Ingmire, Materials Management Senior Policy Analyst

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*"Amanda embodies the theme of 'Empowering Innovation' in her role co-leading DEQ's Built Environment work, which is focused on eliminating harmful impacts in the built environment and supporting the well-being of people and places in which we live, work and recreate."*



# Jessica Joye, Western Region Senior Wastewater Specialist



*"We are proud to recognize Jessica for her exceptional contributions to the Onsite Wastewater Program. Jessica has been an invaluable asset to DEQ for many years, consistently going above and beyond her regular duties to maintain the high standards of quality and consistency that define our program."*

# Ania Loyd, Eastern Region Air Quality Manager

*"Given the fact the transition to the Your DEQ Online platform was a herculean effort shared by all, I can't help but note that Ania's positive attitude, level-headed pragmatic approach to change, and her willingness to help both internal and external stakeholders sets her apart from her peers."*



# Kara Master, Project Manager/Brownfields Coordinator

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*"Kara's work embodies this year's theme, Empowering Innovation, as she consistently fosters a mindset that anything is possible with dedication and resourcefulness. Kara's work is a shining example of how empowering others to think beyond limitations can create limitless possibilities for Oregon's environmental future."*

# Sarah Rockwell, Laboratory Information Management System Administrator

*"Sarah's work focusing on database accessibility and management has a direct positive impact on how our agency utilizes the high-quality data that the lab produces. By nature of her role, drive, and ability, Sarah is constantly innovating and empowering her colleagues to create streamlined project workflows and defensible, accessible data for all DEQ."*



# Erica Timm, Clean Vehicle Rebate Program Coordinator

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*"Erica has navigated regulatory changes and budget constraints in the face of incredibly high demand for the program to continually improve service delivery, making the program more efficient and responsive to the needs of the community. Her ability to embrace change, identify opportunities, and enhance service delivery with efficiency makes her a true ambassador for progress, embodying the spirit of innovation in public service."*

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