

**CITY OF LEBANON'S COMMITMENT TO PUT  
HEALTHY EATING ACTIVE LIVING (H.E.A.L.  
Campaign) OPTIONS WITHIN REACH OF ALL  
RESIDENTS**

**RESOLUTION NO. 2013-36**

**WHEREAS**, improving livability and community health are important goals; and

**WHEREAS**, the nutrition and physical activity choices that individuals make for themselves and their families are influenced by their environment; and

**WHEREAS**, local policies on land use & transportation, access to healthy food, and shared use determine whether options for healthy eating and active living are within reach of the people who live, work, go to school, play or worship in the city; and

**WHEREAS**, high rates of costly chronic disease among both children and adults are correlated to environments with few or no options for healthy eating and active living; and

**WHEREAS**, the City of Lebanon is a member of the League of Oregon Cities; and

**WHEREAS**, in 2010, the League of Oregon Cities Board of Directors resolved to partner with and support the national *Let's Move!* Campaign headed by the First Lady of the United States, and has encouraged Oregon cities to adopt preventive measures to fight obesity; and

**WHEREAS**, in 2012, the League of Oregon Cities Board of Directors resolved to partner with the Oregon Public Health Institute (OPHI) in the *Healthy Eating Active Living (HEAL) Cities Campaign*, and encouraged all Oregon cities to join the *HEAL Cities Campaign* and qualify as a HEAL City by accepting information, training and technical assistance from OPHI staff on policies to support healthier eating and increased physical activity levels for all residents, create more livable communities, and create a culture of wellness at municipal workplaces, and adopting at least one recommended HEAL policy; and

**WHEREAS**, the City's Advisory Boards and Committees offer healthy goals and options for the Lebanon community to include biking and walking trails, playground and sports areas, Senior Center Community Garden, and parks and other green spaces contributing to a healthy environment; and

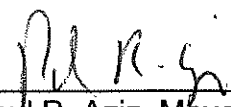
**WHEREAS**, other Lebanon partners, agencies, and organizations provide additional healthy choices for the children and adults of Lebanon and the surrounding area through these programs: Building Lebanon Trails, Downtown Farmer's Market, Seeds of Change Program, Samaritan Healing Gardens, COMP NW University's Healthy Kids Program; as well as many athletic facilities.

**NOW, THEREFORE, BE IT RESOLVED** that the City Council hereby recognizes that joining the HEAL Cities Campaign has the potential to improve local livability and have a positive impact on the community's health and well-being. To that end, the City of Lebanon adopts this HEAL Resolution;

**BE IT FURTHER RESOLVED** that City of Lebanon Staff shall work with HEAL Cities Campaign Staff to explore HEAL practices and to identify those practices that are suitable for the City's unique local circumstances.

Passed by the Lebanon City Council and executed by the Mayor on this 13<sup>th</sup> Day of November, 2013 by a vote of 4 yeas and 0 nays.

CITY OF LEBANON, OREGON

  
\_\_\_\_\_  
Paul R. Aziz, Mayor   
Bob Elliott, Council President

ATTESTED:

  
\_\_\_\_\_  
Linda Kaser, City Clerk